



RI School for the Deaf 6-12 Lunch

December 2016

28
Meatball Pizza Sub
 Chicken Patty Sandwich
 Chicken & Cheese Salad w/ Roll
 Corn Dog

side items

Fresh Fruit & Veggie Bar
 Butternut Squash

29
Popcorn Chicken Bowl w/ Breadstick
 Hamburger or Cheeseburger
 All-American Cobb Salad w/ Roll
 Philly Cheesesteak Melt

side items

Fresh Fruit & Veggie Bar
 Zucchini Slices

30
Mini Waffles / Egg Omelet
 Veggie Burger/ Cheese
 Apple & Cheese Platter w/Soft Pretzel
 Ham & Egg Pancake Melt

side items

Fresh Fruit & Veggie Bar
 Local Roasted Potatoes

1
Bacon & Cheese Quesadilla
 Chicken Tenders w/ Breadstick
 Popcorn Chicken Salad w/ Breadstick
 Chicken Patty Sandwich

side items

Fresh Fruit & Veggie Bar
 Campfire Beans

2
Turkey & Gravy w/ Roll
 Cheese Pizza
 Sunny Butter & Jelly Sandwich
 BBQ Chicken & Cheddar Flatbread

side items

Fresh Fruit & Veggie Bar
 Mashed Potato

5
Bacon Grilled Cheese
 Chicken Patty Sandwich
 Veggie, Greek Feta Salad w/ Roll
 Spicy Chicken Patty Sandwich

side items

Fresh Fruit & Veggie Bar
 Tater Tots

6
Fish Sticks w/ Mac & Cheese
 Hamburger or Cheeseburger
 Turkey Chef Salad w/ Roll
 Chicken Parm Sandwich

side items

Fresh Fruit & Veggie Bar
 Baby Carrots

7
Chicken Pot Pie
 Mini Pancakes w/ Sausage Patties
 Beef Nacho Salad w/ Tortilla Chips
 Spicy Frito Pie

side items

Fresh Fruit & Veggie Bar
 Garden Side Salad

8
Beef & Cheese Nachos
 Chicken Nuggets w/ Breadstick
 Chicken & Cheese Salad w/ Roll
 Chicken Patty Sandwich

side items

Fresh Fruit & Veggie Bar
 Veggie Baked Beans

9
Hot Dog
 Cheese Pizza
 Sunny Butter & Jelly Sandwich
 Pimento Cheeseburger

side items

Fresh Fruit & Veggie Bar
 Local Roasted Potatoes

12
Broccoli Cheddar Flatbread
 Chicken Patty Sandwich
 Chicken Caesar Salad w/ Breadstick
 Pepperoni Pizza

side items

Fresh Fruit & Veggie Bar
 Seasoned Green Beans

13
Roasted Chicken Leg w/ Roll
 Hamburger or Cheeseburger
 Tuna Salad Platter w/ Roll
 Triple Kicker Burger

side items

Fresh Fruit & Veggie Bar
 Side Caesar Salad

14
Pasta w/ Meatsauce
 Mini French Toast w/ Cheese Omelet
 Egg Chef Salad w/ Roll
 Chicken Tenders w/ Breadstick

side items

Fresh Fruit & Veggie Bar
 Chic Pea Salad

15
Grilled Turkey & Cheese
 Chicken Nuggets w/ Breadstick
 All-American Chef Salad w/ Roll
 Buffalo Chicken Pizza

side items

Fresh Fruit & Veggie Bar
 Side Caesar Salad

16
Chili Cheese Baked Potato w/ Roll
 Cheese Pizza
 Sunny Butter & Jelly Sandwich
 Grilled Chicken Ranch Wrap

side items

Fresh Fruit & Veggie Bar
 Local Butternut Squash

19
Chicken Fried Steak w/ Gravy
 Chicken Patty Sandwich
 Apple & Cheese Platter w/Goldfish
 Breaded California Ranch Chicken Sandwich

side items

Fresh Fruit & Veggie Bar
 Tater Tots

20
Popcorn Chicken Bowl w/ Breadstick
 Hamburger or Cheeseburger
 Tuna Salad Platter w/ Roll
 Chicken Nuggets w/ Breadstick

side items

Fresh Fruit & Veggie Bar
 Garden Side Salad

21
Mac & Cheese
 Hot Dog
 All-American Cob Salad w/ Roll
 Nacho Burger

side items

Fresh Fruit & Veggie Bar
 Local Kale Caesar Salad

22
Chicken Enchiladas w/ Rice
 Chicken Tenders w/ Breadstick
 Ranch Popcorn Chicken Salad w/ Breadstick
 Cheese Pizza

side items

Fresh Fruit & Veggie Bar
 Roasted Sweet Potatoes

23
No School
 Holiday Recess

side items

26
No School
 Holiday Recess

side items

27
No School
 Holiday Recess

side items

28
No School
 Holiday Recess

side items

29
No School
 Holiday Recess

side items

30
No School
 Holiday Recess

side items

A variety of fresh fruits and vegetables are served daily! Local produce is served whenever possible!

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Eat Healthy!



Be sure to start your day off right with a good breakfast! A balanced meal in the morning will give you the energy and nutrition you need to fuel your brain and body for a busy day!



Lunch Prices

Lunch: \$2.50 Reduced \$0.40

