



# School for the Deaf Breakfast Menu

December 2016

**28**  
**Mini Waffles**  
 Cereal Bar w/ String Cheese

*side items*  
 Fresh Honey Dew, Mixed Fruit  
 100% Fruit Juice, Low-Fat Milk

**29**  
**Apple Bosco**  
 Butterscotch Oat Bar w/ String Cheese

*side items*  
 Orange Wedges, Raisins  
 100% Fruit Juice, Low-Fat Milk

**30**  
**Sausage, Egg & Cheese Slider**  
 Cinnamon Scooby Grahams w/ Yogurt

*side items*  
 Fresh Honey Dew, Mixed Fruit  
 100% Fruit Juice, Low-Fat Milk

**1**  
**Blueberry Muffin w/ String Cheese**  
 Banana Benefit Bar

*side items*  
 Orange Wedges, Raisins  
 100% Fruit Juice, Low-Fat Milk

**2**  
**Mini Pancakes**  
 Goldfish w/ String Cheese

*side items*  
 Fresh Honey Dew, Mixed Fruit  
 100% Fruit Juice, Low-Fat Milk

**5**  
**Cinnamon Raisin Bagel w/Cream Cheese**  
 Cereal Bar w/ String Cheese

*side items*  
 Fresh Grapes, Pineapple  
 100% Fruit Juice, Low-Fat Milk

**6**  
**Egg & Cheese Melt**  
 Cereal Bar w/ String Cheese

*side items*  
 Fresh Apple, Raisin  
 100% Fruit Juice, Low-Fat Milk

**7**  
**Cinni Minis**  
 Cinnamon Scooby Grahams w/ Yogurt

*side items*  
 Fresh Grapes, Pineapple  
 100% Fruit Juice, Low-Fat Milk

**8**  
**Mini French Toast**  
 Oatmeal Benefit Bar

*side items*  
 Fresh Apple, Raisin  
 100% Fruit Juice, Low-Fat Milk

**9**  
**Apple Cinnamon Muffin w/ String Cheese**  
 Goldfish w/ String Cheese

*side items*  
 Fresh Grapes, Pineapple  
 100% Fruit Juice, Low-Fat Milk

**12**  
**Mini French Toast**  
 Cereal Bar w/ String Cheese

*side items*  
 Fresh Apple, Diced Peaches  
 100% Fruit Juice, Low-Fat Milk

**13**  
**Blueberry Muffin w/ String Cheese**  
 Butterscotch Oat Bar w/ String Cheese

*side items*  
 Banana, Raisins  
 100% Fruit Juice, Low-Fat Milk

**14**  
**Cinnamon Granola Round**  
 Cinnamon Scooby Grahams w/ Yogurt

*side items*  
 Fresh Apple, Diced Peaches  
 100% Fruit Juice, Low-Fat Milk

**15**  
**Egg & Cheese Melt**  
 Banana Benefit Bar

*side items*  
 Banana, Raisins  
 100% Fruit Juice, Low-Fat Milk

**16**  
**Cherry Frudel**  
 Goldfish w/ String Cheese

*side items*  
 Fresh Apple, Diced Peaches  
 100% Fruit Juice, Low-Fat Milk

**19**  
**Mini Waffles**  
 Cereal Bar w/ String Cheese

*side items*  
 Orange Wedges, Diced Pears  
 100% Fruit Juice, Low-Fat Milk

**20**  
**Sausage, Egg & Cheese Slider**  
 Butterscotch Oat Bar w/ String Cheese

*side items*  
 Fresh Kiwi, Raisins  
 100% Fruit Juice, Low-Fat Milk

**21**  
**Apple Cinnamon Muffin w/ String Cheese**  
 Cinnamon Scooby Grahams w/ Yogurt

*side items*  
 Orange Wedges, Diced Pears  
 100% Fruit Juice, Low-Fat Milk

**22**  
**Cinni Minis**  
 Oatmeal Benefit Bar

*side items*  
 Fresh Kiwi, Raisins  
 100% Fruit Juice, Low-Fat Milk

**23**  
**No School**  
 Holiday Recess

*side items*

**26**  
**No School**  
 Holiday Recess

*side items*

**27**  
**No School**  
 Holiday Recess

*side items*

**28**  
**No School**  
 Holiday Recess

*side items*

**29**  
**No School**  
 Holiday Recess

*side items*

**30**  
**No School**  
 Holiday Recess

*side items*



Be sure to start your day right with a good breakfast! A balanced breakfast will give you need to fuel your body and brain.

 Local ingredients are always used when in season

 Ovo-Lacto Vegetarian, may contain Egg & Milk

*Nutritional Messages may vary by school.*

Please inform your server of any known food allergies.

**Contact**  
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This institution is an equal opportunity provider.

